# BREAKS

## ALL DAY BREAK PACKAGE

*Served with Freshly Brewed Regular and Decaffeinated Coffee, Selection of Specialty Teas, Freshly Squeezed Orange or Grapefruit Juice.*

### Early Morning Break 10

House Baked Muffins, Croissants, Breakfast Breads and assortment of Fresh Bagels, Cream Cheese, Whipped Butter and Fruit Preserves

### Mid-Morning Break 10

Selection of Sliced Fruit and Seasonal Berries and Traditional Home Style Coffee Cakes

### Afternoon Break 8

House Made Cookies: Chocolate Chip, Oatmeal Raisin and Peanut Butter and Double Fudge Brownies

*(Sodas & bottled water will be available throughout the day and will be charged on consumption)*

## THEMED BREAKS

### The All-American 8

Caramel, Cheese, and Buttered Popcorn, Warm Jumbo Pretzels with assorted Mustards and Miniature Hot Dogs

### Milk and Cookies 6

House Baked Jumbo Cookies, Chocolate Chip, Oatmeal Raisin, Peanut Butter, Double Chocolate and White Chocolate Macadamia Nut, Iced Cold 2% and Skim Milk

### The Natural 8

Bowls of Trail Mix and Assorted Granola, Energy Bars and Individual Yogurts, Fresh Whole Fruit Basket

### Bella Porta 8

Selection of Hummus and Grilled Pita, Mediterranean Olive Salad with Feta, and Grilled Vegetable Platter

## REFRESHMENTS & SNACKS

### Meeting Enhancements

Traditional Smoked Salmon Presentation 10

Gourmet Chicago Style Popcorn 5

Assortment of Fresh Bagels with Cream Cheese 4

Tahini Hummus with Pita Chips 4

Warm Jumbo Pretzels with Assorted Mustards 3

Fresh Sliced Fruit with Seasonal Berries 3

Gourmet Roasted Mixed Nuts 2

Tortilla Chips with Salsa and Guacamole 2

Freshly Baked Cookies 2

Freshly Baked Brownies 2

Fresh Whole Fruit Basket 2

Assorted Candy Bars or Granola Bars 2

Regular or Low-Fat Individual Yogurts 2

### Beverages

Red Bull 4

Bottled Water 3

Assorted Sodas 3

Pitchers of Passion Fruit, Raspberry and Peach Iced Tea 2

Freshly Squeezed Orange, Grapefruit and Apple Juice 2

Selection of Specialty Teas 2

Freshly Brewed Regular and Decaffeinated Coffee by the Gallon 20